

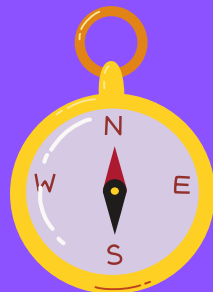
ALL
STUDENTS
WELCOME!

BENGAL SURVIVAL SKILLS

WEDNESDAYS 12-12:30 PM

- Jan. 29th  Surviving MyCourses/Moodle
- Feb. 5th  Navigating Email and Tone
- Feb. 12th  Succeed with Study Skills/Note Taking
- Feb. 19th  Exploring Exam Prep
- Feb. 26th  Midterms Week, No Workshop
- Mar. 5th  Conquering Stress and Practicing Self-care
- Mar. 12th  Tracking Time and Prioritizing
- Mar. 19th  Practicing Professionalism
- Mar. 26th  Connecting College and the Real World
- Apr. 2nd  Spring Break! No Workshop
- Apr. 9th  Conquering Stress and Practicing Self-care
- Apr. 16th  Tracking Time and Prioritizing
- Apr. 23rd  Exploring Exam Prep
- Apr. 30th  Last Week of Classes,
No Workshop

Workshops by
Dr. Rob Jones &
Prof. Symantha Jones



MANUEL HALL,
ROOM 108

No Registration
Required!

